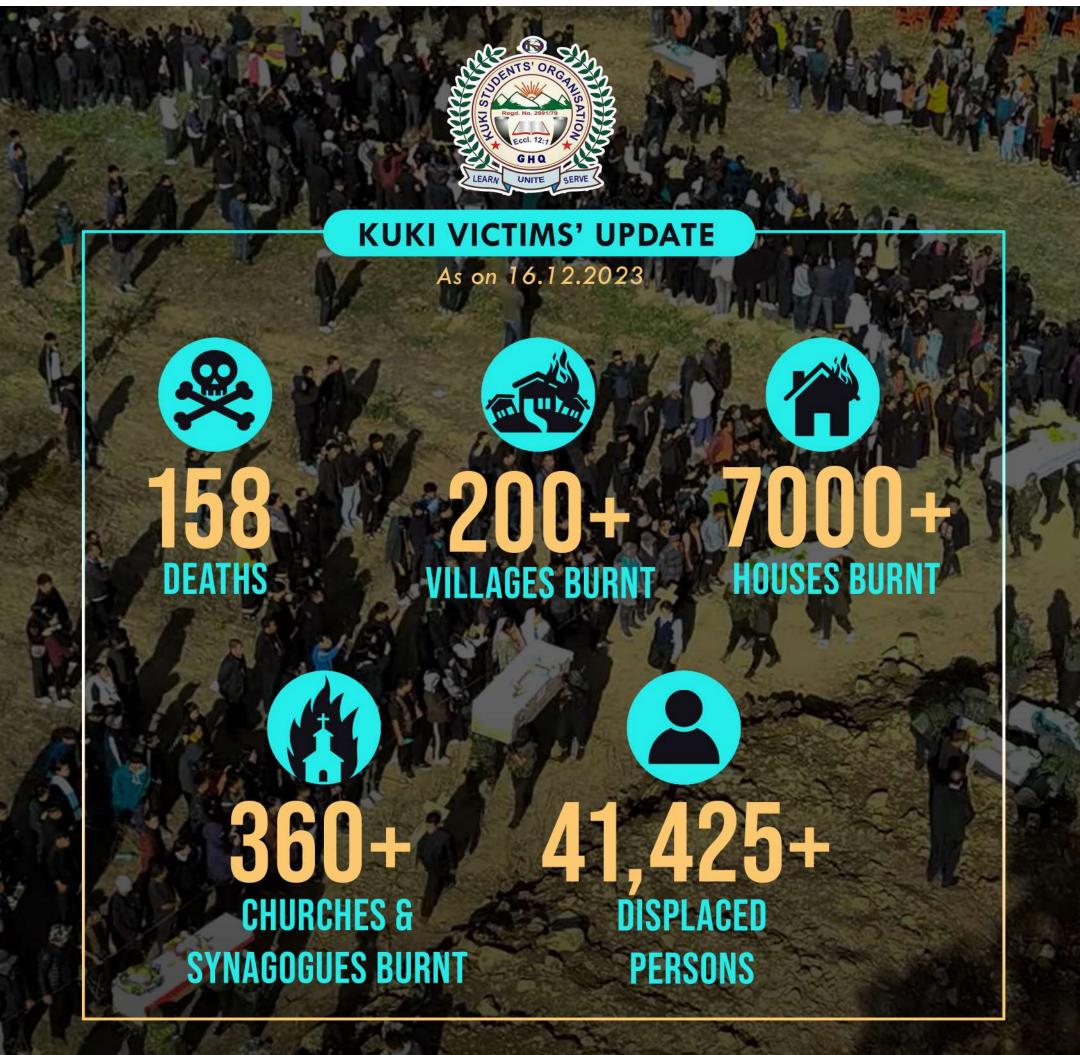
WEDNESDAY | JANUARY 10, 2024

# Thing knows letter by KSO Media & Documentation Cell



Langching Village, Chandel District





Thingkho Le Malcha (charred wood tied with chilli): A war symbol; a pre-arranged secret code agreed upon by the Kukis to inform the people about the commencement of war and on receiving this, one has to remain alert and be ready for the battle.



### KUKI-ZO BODIES AIR GRIEVANCES IN A MEETING WITH GOC-IN-C EASTERN COMMAND IN KANGPOKPI

The Kuki-Zo bodies in Kangpokpi District voiced the grievances of the Kuki-Zo people to the General Officer Commanding-in-Chief of the Eastern Command during his maiden visit to the Kuki-Zo dominated Kangpokpi district today.

Lieutenant General Ram Chander Tiwari, who assumed the position of General Officer Commanding-in-Chief of the Eastern Command on January 1, visited the strife-torn Kangpokpi district and met various Kuki-Zo bodies at 22 Assam Rifles Post Kangpokpi.

The Army Commander was accompanied by Lt Gen HS Sahi, GOC, Spear Corps, Maj. Gen. Vinod Kumar Nambiar, IGAR(E), and Brigadier Vikram Saini, 22 Sector Assam Rifles Commander.

The various Kuki-Zo bodies including the Committee on Tribal Unity, or the CoTU, Sadar Hills, Kuki Inpi Sadar Hills, or the KISH, Kuki Women Union Sadar Hills, or the KWU Sadar Hills, Kuki Women Organization for Human Rights, or the KWOHR, etc. were accompanied by the MLA of Saitu, Haokholet Kipgen and MLA of Saikul, Kimneo Haokip Hangshing in the meeting with the GOC-in-C Eastern Command.

CoTU's General Secretary, Lamminlun Singsit said that they had put up the myriads of grievances faced by the Kuki-Zo people including the Moreh issue to the GOC-in-C Eastern Command.

He also said that they had reiterated their demand to withdraw or remove the state police forces, especially the Commandos from the border town to avoid further violence and prevail in peace.

"Moreh was very peaceful even during the initial stage when Manipur violence was at its peak, it was only when the state forces, especially the Meitei Commandos were deployed in the town, the violence ignited and escalated", he asserted.



Kuki Inpi Sadar Hills submitted a memorandum to the GOC-in-C Eastern Command urging him for a comprehensive review of the Army settlement in the buffer zones, establishment of a rear headquarters on the granted 316 acres of land at Hengbung village in Kangpokpi district, and extension of the tenure of the 22 Assam Rifles.

The Kuki Inpi Sadar Hills also urged the GOC-in-C Eastern Command to set up a permanent army security post at Saichang village, Bongbal Khullen village, Kamuching village, and Salampatong village in Phailengmol area under Island Sub Division in Kangpokpi district.

Earlier, Lt Gen RC Tiwari, GOC-in-C Eastern Command had also met the Governor of Manipur, Anusuiya Uikey, and Chief Minister N Biren Singh discussing aspects related to strengthening cooperation and also reviewed the security situation and operational readiness for the safety of the people of Manipur.

Meanwhile, Lt Gen HS Sahi, GOC of Spear Corps had also visited the border town of Moreh and undertook a comprehensive review of the security situation while having a meaningful discussion with the CSOs to ensure peace and stability in the area.



## ITLF: ANY FURTHER ATTEMPT TO REMOVE KUKI-ZOS FROM ST LIST WILL ESCALATE ONGOING MANIPUR MAYHEM

The Indigenous Tribal Leaders' Forum (ITLF) has slammed the Manipur government and Meitei chauvinists for their well-coordinated move to the Government of India for delisting Kuki-Zo groups from the Scheduled Tribes categroy.

In a statement on Wednesday, Spokesperson of ITLF Ginza Vualzong said alleged that the move to remove Kuki-Zos from ST list started with a representation to the Union Ministry of Tribal Affairs by Maheshwar Thounaojam of the Republican Party of India (Athawale). The Chief Minister, N. Biren Singh, on January 9 said a committee would be formed to decide on the subject, following a letter from the Tribal Affairs Ministry that asked for the State's views on the matter.

"This is a well-coordinated move by the state government and Meitei chauvinists, although removing a community from the ST list is no small task. The criteria used by India's government to declare communities as STs were decided by the Lokur Committee in 1965," Ginza Vualzong said, adding that the Manipur government is now trying to push for changing the criteria in its attempt to displace and deprive Kuki-Zo tribals of their rights and their land.

The tribal body said, "First, they tried to become tribals like us, then they used violence to kill and displace us. They then unleashed a blitzkrieg of false propaganda to malign our name and history and went on to abuse the law by filing numerous police cases against those speaking up on behalf of our community. Now they are trying to erase our status as tribals."

"It is no secret that the state government in Manipur, controlled by the majority Meitei community, overtly and covertly supports the Meiteis in the current ethnic conflict. The communal Biren Singh administration has now opened a new front by pushing for the removal of the Kuki-Zo community from India's Scheduled Tribes list."



Indigenous Tribal Leaders' Forum (ITLF)

Conglomerate of Recognised Tribes in Lamka, Outer Manipur

File No: ITLF-PR-202372

Wednesday, 10 January 2024

#### PRESS RELEASE

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Any further attempts by Biren Singh to use the state machinery to target the Kuki-Zo community will only escalate the conflict, which will ultimately be detrimental to him and the state.





To authenticate ITLF's press releases, please refer to our website <a href="https://itlfmediacell.com">https://itlfmediacell.com</a>

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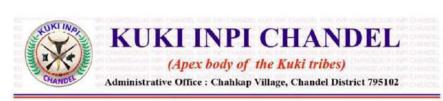
## THERE'LL BE NO PEACE UNLESS MEITEI FORCES ARE REMOVED FROM KUKI-ZO HILL TOWN OF MOREH, SAYS KUKI INPI CHANDEL

Perturbed by the recent events unfolding at the Kuki-Zo hill town of Moreh, the Kuki Inpi Chandel has reminded the authorities concerned that unless the Meitei forces are removed, there will be no peace again in the border town.

In a statement issued on Tuesday, the Kuki apex body of Chandel district stated that Nectar Sanjenbam, who was recently appointed as Senior Superintendent of Manipur Police and posted at Moreh, was seen disguising himself in Army camouflage with automatic weapons on January 8, 2024. The local womenfolk caught him red-handed while he was trying to carry out his nefarious plan to attack the Kuki-Zo people. The timely vigilance and intervention of the local womenfolk averted what could have been a bloody tragedy.

"While he was escorted back to Moreh bazaar, the combined forces of Meitei militants indiscriminately fired at the innocent residents, forcing the village volunteers to retaliate. Thereafter, bombs rained down indiscriminately on Kuki-Zo localities in Moreh and surrounding villages. The indiscriminate shelling and firing by the security forces caused extensive damage to civilian houses and properties, including the Relief Centre for Internally Displaced Persons and several Churches," the Kuki body said.

Shocked as to how the communal Meitei police officer was allowed to roam around in Army uniform when there were enough central forces, the Kuki Inpi Chandel said, "The modus operandi of the Meitei forces at Moreh is to attack the Kuki-Zo residents and then escape



#### PRESS RELEASE

9th January 2024

The Kuki Inpi Chandel is perturbed by the recent events unfolding at Kuki-Zo hill town Moreh. It has been learned that Nectar Sanjenbam who was recently appointed as Senior Superintendent of Manipur Police and posted at Moreh was seen disguising himself in Army camouflage with automatic weapons on January 8, 2024. The local womenfolk caught him red-handed while he was trying to carry out his nefarious plan to attack the Kuki-Zo people. The timely vigilance and intervention of the local womenfolk averted what could have been a bloody tragedy.

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The Kuki Inpi Chandel is shocked as to how the communal Meitei police officer was allowed to roam around in Army uniform when there were enough central forces. The modus operandi of the Meitei forces at Moreh is to attack the Kuki-Zo residents and then escape towards the central forces camp. Therefore, the Kuki Inpi Chandel urged the central forces not to shield the Meitei militants again in the near future in order to avoid any collateral damage.

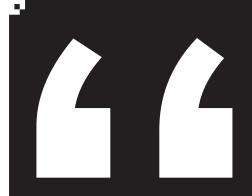
The Kuki Inpi Chandel would like to remind the authorities concerned that unless the Meitei forces are removed, there will be no peace again in Kuki-Zo hill town, Moreh.

Issued by: Information & Media Cell, Kuki Inpi Chandel

No. KICDL/PR-15



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This nation will remain the land of free only so long as it is the home of the brave.

– Elmer Davis





## ARMY COMMANDER LT. GEN RC TIWARI VISITS LAMKA, DISCUSES PREVALING SITUATION WITH CSO LEADERS

The General Office Commandant, Eastern Command of Indian Army, Lt. General RC Tiwari on Wednesday visited Lamka district to take stock of the prevailing strife situation and had a meeting with the leaders of the civil society organisations to take stock of the grievances faced by te tribal communities in the ethnic violence.

Lt. Gen Tiwari, who took charge of the Eastern Command on January 9, is on his visit to the strife-torn Manipur since yesterday and visited Moreh, Kangpokpi and Churachandpur (Lamka). During his visit to Lamka, he was briefed about the grievances faced by the Kuki-Zo community in the wake of the ethnic cleansing pogrom perpetrated by the majority Meiteis under the patronage of N. Biren Singh and his political cohorts.

The civil organisation functioning in Lamka district told the Army Commander about Moreh incidents wherein a Meitei Police Officer Nectar Sanjenbam perpetrated the violence while disguising himself in an Indian Army uniform. The CSO leaders urged him to initiate legal action against Nectar Sanjenbam for his illegal activities and the fear psychosis he had created on the innocent civilians of Moreh hill town.

The tribal leaders also briefed him about the breakdown of peaceful atmosphere as a result of deployment of communal Meitei police commandos in Moreh and reiterated their demands for withdrawal of the same at the earliest possible.

During the meeting, the tribal leaders also asserted the demand for formalisation of "separate administration" for the Kuki-Zo people for returning peace and normalcy in the region. "The Meiteis and Kuki-Zo people are already completely separated and therefore separate administration should be set up at the earliest," the Leaders told Lt. Gen. Tiwari.

The CSO leaders also urged more helicopter services to be functional. The grievances faced by the tribal students,



CBSE Affiliation issue, Compettetive Examination Centres, etc., were also discussed during the meeting.

Urging him to take action against the Meitei radical groups of Arambai Tenggol, Meitei Leepun and other militant groups who brandish sophisticated weapons freely in public, the Kuki-Zo leaders also requested the Indian Army to find out the fourteen missing persons whose whereabouts are unknown even after eight months of the violence.

The leaders presented traditional shawls and books of The Inevitable Split and Manipur Mayhem published by ZSF & KSO and ITLF respectively.

## 'BJP IS SCARED OF CONGRESS', SAYS PARTY AFTER MANIPUR GOVT DECLINES, LATER PERMITS START OF BHARAT JODO NYAY YATRA FROM IMPHAL

Hours after claiming that the Manipur government has denied permission to kickstart the Rahul Gandhi-led Bharat Jodo Nyay Yatra from Imphal, the Congress on Wednesday asserted that the BJP is creating hurdles as it is scared of the grand old party.

The Congress also said that the yatra will start on its scheduled date from Manipur.

The assertion, made at a press conference at the All India Congress Committee (AICC) headquarters in New Delhi in the afternoon, came after the Manipur government in an order said it has approved Hapta Kangjeibung ground or the Palace Grounds as the venue to begin Congress' Bharat Jodo Nyay Yatra but with "limited participants".

The press conference was addressed by Congress general secretaries Jairam Ramesh and K C Venugopal.

"This is the decision of the Congress Working Committee (CWC) and our party is doing a programme. The Manipur government is holding programmes everywhere so, why is it denying this (permission)? There is only one reason—they are probably scared of the yatra," Venugopal said.

Ramesh and Venugopal also released a pamphlet and launched a website on the Manipur-to-Maharashtra yatra, which is scheduled to begin on January 14.

The pamphlet provides information about the objective of the Bharat Jodo Nyay yatra and details about how to join it. The party will also run a 'Nyay Yoddhas' campaign under which people can become volunteers for the yatra by giving a missed call on a phone number.

While making it clear that the yatra is not electoral, Venugopal said, "The Congress is simultaneously



We are starting the Bharat Jodo Nyay Yatra from Manipur on the 14th of January.

In the last few days, I have been traveling, and there is a tremendous amount of energy on the ground for the yatra. Various states are fully prepared to make the yatra a success.

This yatra is going to be a historic event. It is not a political yatra but an endeavor to seek justice for the people of this country.

: Shri @kcvenugopalmp, AICC General Secretary (Org.)



2:03 PM · Jan 10, 2024 · 34.5K Views

preparing for the 2024 general election and there is no confusion between the yatra and the election preparations." He added that the party will be holding a meeting of the coordinators of all parliamentary constituencies on January 11 and 12.

The yatra, being organised ahead of the 2024 Lok Sabha election, will cover 110 districts and 100 Lok Sabha seats in 66 days.



## FOUR AGRESSORS NEUTRALISED BY KUKI-ZO VILLAGE VOLUNTEERS IN BISHNUPUR-LAMKA BORDER

The radicalised goons of the Meiteis continued their aggression on the Kuki-Zo territory resulting once again in neutralising at least four Meitei armed men by the Kuki-Zo village guards in the Kuki village of Haotah Phailen under Lamka district.

The incident occurred in the vicinity of the Kuki village on Wednesday when the Meiteis' radical armed men intruded the abundoned territory of Haotah Phailen village in their attempt to strike the tribal village volunteers who were patrolling the area. Haotah Phailen is located in the buffer zone of Lamka-Bisnupur districts border, and the village had been already burnt down by the Meiteis during the initial stage of the Manipur mayhem.

A gun fight broke out between the warring communities

today at around 3:30 PM wherein four radical Meiteis were believed to have been killed by the tribal volunteers. The gunfight lasted for about an hour; and at the time of filing this report, the dead bodies are still lying in the Kuki-Zo territory yet be recovered.

According to social media users, the slain radical goons are identified as Oinam Romen, Oinam Anand, Thoudam Ibocha and Ahanthem Darasing.

Tension still prevails in the area and the Village Volunteers are on high alert for any further attacks by the Meitei militants including the private militia groups of Arambai Tenggol and Meitei Leepun.





The Chief Minister of Manipur denies permission to launch Rahul Gandhi's Bharat Jodo Yatra from Imphal, citing a law and order issue. Does the CM admit he has failed to ensure the safety of Manipur?

5:21 PM · Jan 10, 2024 · 1,584 Views



'On 22 January, 2013, Shri N. Biren Singh said "Kuki State Demand is legitimate or not? Who are they? From where they come? Are the Kukis the indigenous people of Manipur like Meiteis and Haos? Where was this tribe before British came to Manipur? For me no no -- at any cost."

11:45 PM · Jan 9, 2024 · 3,689 Views



It is crucial to recognize that the issues of drugs and immigration are merely propaganda tools used by the dominant Meitei community and the fascist CM Biren Singh to annex ancestral tribal lands.

➡ This ongoing conflict in Manipur is all about the relentless mechanism of the Meiteis & State mechanism (which they control) + Meitei Media Houses to forcefully expel all tribal groups, starting with the Kuki-Zo right now and eventually the Nagas from the Hill districts.

➡ Every topic, issue, conflicts, policy change, court cases etc etc are
ALL about the Meiteis attempt at ANNIHILATION of a minority tribal
community of india.

#EthnicCleansingOfManipurTribals #ManipurStateSponsoredViolence #FascistChiefMinisterManipur #JusticePrecedesPeace #UnionTerritoryWithLegislature4KukiZo





#### **Background:**

The ethnic violence that broke out on 3rd May 2023 has rendered hundreds of families homeless taking shelter in relief camps - who have nothing but only the cloth they wore on the day their houses were burnt down and fled for life.

Till date, around 200 villages have been uprooted, more than 185 people lost their lives, 7000+ houses burnt down, 360 Churches & Synagogues burnt and more than 60,000 people are displaced internally. There are humanitarian crises such as food, medicine, shelter, etc. In Saikul constituency (where InSIDE –North East Operates), a number of 4023 internally displaced persons took shelter in a cluster of 22 Relief Camps mobilised by Civil Society Organisations and District Administration.

Before starting the relief intervention, InSIDE-North East staff conducted need assessment of the affected victims staying in the relief camps. Some of the common areas that need humanitarian services such as Dry ration. Children education support. Household items (Utensils, Blankets, Clothing), Trauma Counselling., Learning Gaps of Children and others.

The following are some of the Intervention areas that InSIDE North East took up during this times of crisis with the support from various organisations, donors and churches:

DRY RATION: Food items in the form of Rice, Dal, Nutrela, Potatoes, Onion Garlics, Matar, Edible oils,

Masala, salt, Potatoes etc to 3769 victims at a cluster of 22 relief camps. This is done on fortnightly basis in collaboration with the local Civil Society Organisations.

### WARM CLOTHING (Mattresses, Blankets, Winter Wear):

Majority of displaced families houses and villages were burnt down, they escape for their life with only the clothes they wore at the time of the incident. With the onset of winter life seems to be more cruel for these people as the winter is chill cold and there is strong need for the people to fight the cold.

The following items were distributed:

**Blanket:** around 2500 blanket were given to the internally displaced people both in Kangpokpi and Churachandpur districts. Blanket was given to both people staying in the relief camps and outside the relief camps. Due to various reasons such as health there are some people staying outside the relief camps. The blankets include both small and king size.

**Mattresses:** 200 mattresses were given out to people in various camps – the mattress is given one per family.

Winter Wear: around 500 individual mostly children









and aged were given the warm cloth so that they can fight the chilly winter cold.

Slippers: More than 1000 individual were given slipper (chappal) who are from various relief camps.

#### **HEALTH & SANITATION:**

#### **CONSTRUCTION OF TOILETS:**

One of the many great challenges faced by the victims of the current ethnic violence was lack of proper toilet and bathroom; especially separate toilet and bath room for ladies and gents. In most of the camps, they used common toilets and bathrooms which was temporarily makeshift set with bamboo planks, digging pits, and plastic wall and roofing. Some of them were even doing open defecation for natures call. To address this issue faced by the IDPs, the organisation constructed low cost Pucca Toilets (Four Rooms- 1bath room and 1 toilet for Gents, and for ladies separately). Now they are no longer doing open defecation and enjoy healthy lifestyles.

#### **SHOM-INN TELEMEDICINE CLINIC:**

Shom-Inn Telemedicine was set up at Shom Inn Academy campus, Thangkanphai and it was inaugurated on 30th October-2023 in the presence of Dr.John, MO in charge Saikul CHC, Kuki Inpi, KSO and Women Union. It was especially for the conflict victim who was affected mentally & economically. As there is no proper Health Care centre and no specialist Doctor in Saikul Sub division people hardly get special treatment and medication InSIDE North East in collaboration with some youths who were in charge of telemedicine team. Due to the current incident number of IDPs and Relief camp increase, only CHC Saikul is not enough for that huge number of people. The main objective for setting up of Telemedicine clinic is to provide free medication and free treatment especially



for those IDPs in the relief camp as health is one of the emergency needs which are not budgeted and un-plan. InSIDE North East wanted to help them in medical Ground.

#### **MEDICAL KITS TO RELIEF CAMPS:**

This was issued after giving Proper Orientation on Basic Health Care And Nutrition to 10 First Contact Care in collaboration with the District Health Department.

#### **MEDICAL CAMPS:**

Medical camps were conducted in 7 places for all the conflict victims people staying various relief camps where doctors from outside came and do the medical check-up. Medicine were also given free of cost to all the patients.

#### **EDUCATION SUPPORT TO IDP CHILDREN:**

400 IDP children who are from Saikul Block and studying in different schools were given Education Support during this time of crisis through payment









of Monthly tuition Fees for four months (September to Decemebr-2023)

One of the Parents Mrs. Chinneilhing from T. Gamnom Relief Centre said "We have lost our house and properties. We have lost everything. Our only hope is on our children. But if our Children cannot continue their education; then our future hope is totally lost. Thanks to INSIDE North East, My children can continue their schooling and could write their promotion exam for 2023 Academic session".

The number of IDP Children whom InSIDE North east gave education support in School Wise is as follows:

Model English Higher Secondary = 43 students 1.

Good Samaritan Public School = 59 students 2.

3. Depaul School Molkon-= 21 students

4. Real way School = 05 students

5. Diamond Sower Academy = 51 students

JM Kids Foundation School 6. = 70 students

7. Shom Inn Academy = 80 students

8. VM Nazareth English School =32 students Studying Outside Saikul Block = 05 students

10. Pangjang Junior High School. = 34 students

**Grand Total= 400** 

9.

#### **MOST SIGNIFICANT STORY:**

Two siblings namely Jessica Lhainunnem (aged 14 yrs) was reading in grade-9 at Christ joyti School, Imphal West and Khupgouhao Lupheng, (aged 11 years)- who was studying in grade -7, at St. Joseph Hr Secondary School, Sangiporou, Imphal West. Prior to the ethnic Violence their family were residing at National Games Village- Imphal West. On 4th May, 2023, the family was evacuated to CRPF Camp at near Imphal West DC Office,

They were again evacuated from CRPF Camp by AR to Saikul-Kangpokpi District on May 8, 2023.

With the help of some well-wishers and their maternal grandparents, they were re-admitted in the same classes at St. Margarate Higher Secondary School – Shillong and St. Anthony's Higher Secondary School- Shillongin the last week of May-2023.

Though their admission was managed by these help, the family faced financial problems and they were not able to clear their tuition fees for 5 months.

The School Authority said that they would not be able to write their final exam if the due School fees are not clear. On learning about this, the two children have lost their enthusiasm to study.

When their parents approach InSIDE-North East and share the problems they faced, the organisation assisted them for five month tuition fees.



Pic: Khupgouhao (L) & Jessica (R)

When the two siblings learnt that their fees has been cleared by InSIDE North East and they will be able to write their final exam, their joy knows no bound and they began to study very hard.

When their Final Exams Result was declared in the second week of Decemebr this year, Khupgouhao Lupheng Scored 3rd Rank in Class-7 and got Outstanding Certificate for securing high Rank and also for Scoring highest mark in Science also. Jessica



Lhainunnem Scored Rank-7 in Class -9 Promotional Exam-2023.

Their parents expressed their highest gratitude to their organisation. Their mother Mrs. Vahneilhing said had not InSIDE North east intervenes in times of our needs, my children career would have been spoilt. "Discontinuation of their education would have made them become delinquent".

#### **LIVELIHOOD SUPPORT TO IDPs:**

"An idle mind is the devil's workshop" as the saying goes, there is deep apprehension that people staying in the relief camps chance of become anti-social elements cannot be ruled out. At the same time as part of mental health it is strongly believe that when a person is occupied positively and productively his/her mental health is already taken care. With that strong conviction and with the objective of restoring the lost livelihood activities of the IDPs, the organisation assisted 56 IDPs with different trades after giving them proper training on financial management like income expenditure analysis and market research.

The different types of trades are Petty Shop business Petty Grocery Shop ,Chicken Centre ,

. Stay Sissery Sine Renaute is sentine,			
1.	Road side Tea Stall	=8 IDPS.	
2.	Second Hand Clothes Sale	=2 IDP,	
3.	Two-Wheeler Workshop	=3 IDPs.	
4.	Tailoring Centre	=2 IDPS.	
5.	Bamboo & Cane Works	=1 IDP.	
6.	Vegetable Farm	= 2 IDPs	
7.	Vegetable Vendor	=1 IDP.	
8.	Meat Centre	=2 IDPs.	
9.	Fish Vendor Centre	=3 IDPs.	
10.	Road Side Petrol Seller	=2 IDPs.	
11.	Piggery Farm	=4 IDPS.	
12.	Carpentry Workshop	=1 IDPs.	
13.	Rice Mill	= 1 IDP.	
14.	Ironing Centre	=1 IDP	
15.	Potable seller	=1 IDP.	
16.	Beauty Parlour	=2 IDPs	
17.	Duckery farm	=1 iDP	
18.	Rice Hotel	=1 IDP,	
19.	Clothes Store	=1 IDP.	

#### **Success Story:**

Mrs Hatchinneng Touthang Lives with her husband and two children in a rented house at Lamphel, Imphal West. Her husband works as daily wage earner and sometime as carpenter on need basis. With the outbreak of the



Pic: Mrs. Hatchinneng Touthang

current Manipur problem, her family were evacuated to Shongthu Avenue Relief Centre in Saikul Block. The family were feels that just depending on Relief Food items and staying lazily in Relief camps is not productive.

So, she does a market assessment by herself and found out that opening of a Second Clothes store in Saikul Bazar would be a good opportunity to restart their livelihood activities. But she lacks capital to start her business. She approached InSIDE North East and after a long series of discussion, she was assisted with INR . 40,000/ as seed money to start the business.

#### **Results:**

In the beginning, daily sale proceeds were INR 1000-1500/ with a profit of INR. 500/. Now with the coming of Festival session, her daily sales range from INR. 3000-5000/ earning a daily profit of INR.1500-2000/.

#### **Outcome:**

She used the profit for daily family expenses and no longer depends on relief camps supplied.

She is now able o meet the educational expense of her two children; namely Vahneichan Touthang (aged 11 years) reading in grade- 5 and Khaigunlen age 6 studying in class Kindergarten.

The two children are now appearing Promotional Exam for 2023 Academic Session and waiting for the results.

The victims were expressing their deepest gratitude to InSIDE-North East and the donors for providing blankets in such difficult times. One of the victims Mrs. Chinkholhing Touthang (Sh/Avenue-saikul) said "due to my health issues, I and my family were staying in one of my relative's house; and we hardly get the relief materials as most of the visitors who came for relief materials distribution, often visited only the relief camps. But we were reached out by InSIDE North East. May God Bless InSIDE-North East!"

#### **FOOD & NUTRITION SUPPLEMENTS:**

Beef Meat and pork meat supplied to 16 Relief station covering 1760 persons. One of the IDPS. Mrs Vahshi Chongloi (T. Gojang Relief Camp) said "Thank to InSIDE North East. This is the first delicious nutrition food we eat in the past five months."

### CAPACITY BUILDING FOR IDPs ON ORGANIC FARMING@ NUTRITION-KITCHEN GARDEN:

Two days skill training on organic Nutrition Garden was conducted for 50 Participants which includes 40 IDPs Inmates with 4 Staff and 6 Community First Contact Care .The main objective is to encourage the IDP Inmates to take up organic nutrition garden in the backyard of



Pic: Skill training on organic farming

the Relief camps they were stationed, grow their own vegetables, thereby reduced the dependency mentality for their basic needs. Another objective is to make them avoid the use of chemicals and fertilizers.

The Resource Person was Mr Thangminlun Vaiphei from THRIVE-INDIA. The training was a kind of Training of Trainers (TOTS). 2 Inmates from each camp were invited and they will be responsible to pass on the knowledge and skills to other campers. During the two days program, the Resource person capacitate the participants on the following points

- Deep Soil Preparation. understanding life in the soil -garden preparation creating the bed.
- Keyhole gardens -what is keyhole garden -how to create keyhole garden -benefit of keyhole gardening
- Sack garden
- Making manure pure organic -collect tithonia plants -cut them into small piece -put them in the bucket and pour water in the ration of 10:1
- Making pesticide -250 gram each of chilli, onion, garlic -make paste of it -keep them in bucket and mix with water in the ration of 5:1 -keep them for about a week, ready to use.
- Compost Pile-understanding compost pilebuilding compost pile: step-by-step-material use in making compost pile-layering of compost pilesource for compost pile: carbon & nitrogen
- Protecting the soil-Hexagonal planting-plant spacing for intensive planting-crop rotation
- Plant that attract good insect and repel bad -Marigold, spring onion, rosemary, fennel, Artemisia
- Food that cause disease
- Food that prevent disease.
- How to sow peas, carrot, palak, cabbage etc.

RESULTS: The Resource person encourage the IDPS to provide free seeds to those who set up his/her organic farming of 40 beds and above.

#### **SOCIO-EMOTIONAL LEARNING SESSIONS:**

InSIDE North East initiated Socio-Emotional Learning sessions in 11 Relief Centres under Saikul constituency. Community Champions (CC) were engaged the respective relief camps for facilitating IDP children after giving them proper capacity











building on Conscious citizenry and facilitation Skills. They were also train on Child Rights, Child Safeguarding Policy and Life Skills Education. At present, these Community Connectors are conducting socio-Emotional learning sessions (2-3 times in a week) with the children at the following Relief stations:

1.	Zilphai Relief Centre	-19 Children
2.	Saikul Relief Centre	-30 Children
3.	Thangkanphai Relief Centre	-24 Children
4.	Pangjang Relief Centre	- 56 Children.
5.	Molkon Relief Centre	-31 Children
6.	Saijang Relief Centre	-17 children
7.	Saishijang Relief Centre	-12 Children
8.	T.Gojang Relief Centre	-14 Children
9.	Saikho Learning Centre	-12 Children
10.	Nungka Learning Centre	-19 Children
11.	Ichaigojang Learning Centre	- 12 Children

Outcomes: It has resulted in diverting the children mental stress and trauma back to their normal life to some extent. The program helps children in reducing their







mental stress and trauma. It also help the victim children in continuing their learning process thereby address learning gaps of victim children affected by the present ethnic violence.

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THE BROKEN MANIPUR





## A boy, A man, A knight

Boy, did he set a sight His armour, shimmering bright Under the moon's assurance glaze He set foot, for an odyssey blessed

With a noble heart, a shield held up high The Odyssey, blessings took flight Yet for all trials faced, a triumph's song is sweetly earnt Man, he shall be known for the triumph's flame will brightly burn

Man, a mighty returns, yet laid in slumber Embodied in Valor, his deeds, we remember For every rhyme he sung, he kept We cherish a Knight born, yet we wept

A knight born, we wept Each tears, strength and courage tightly kept From God above, the knight we reclaimed In jubilation, the people rejoiced, the Knight for all.

- Jerry Khongsai